



MAHATMA EDUCATION SOCIETY'S
PILLAI COLLEGE OF EDUCATION & RESEARCH(Autonomous)
 CHEMBUR
 NAAC Accredited 2023 'A' Grade - 4th Cycle CGPA: 3.13

'Sustainable Goals...Sustainable Future'



HORIZON

Principal's Message



DR. RENI FRANCIS

As we step into February, a month often associated with reflection and renewal, it's essential to turn our focus inward and prioritize our well-being. In the demanding field of education, where we dedicate ourselves to the growth and development of others, we must remember that our effectiveness is deeply rooted in our own health and balance. Your productivity to any task is at the fullest when you dedicate time for self-care and reflection. Our major milestone in any activity is to reflect, reflections give us a good edge to correct our ways and also take the positive to a brighter future ahead. As teachers we need to cover ourselves with positive vibes and positive energy. We are role models for others and hence corrective measures taken at the right time will channelise the right mindset at work. Let's focus on **REFLECT:**

R: Rejuvenation—Ensure you allocate time for adequate sleep and relaxation to maintain energy levels.

E: Engage in professional development—Pursue opportunities that enhance your teaching skills and personal growth.

F: Foster supportive relationships—Build and maintain connections with colleagues, students, and the community to create a nurturing educational environment.

L: Listen to your inner voice—Practice mindfulness and self-reflection to stay attuned to your emotional and mental well-being.

E: Establish boundaries—Set clear limits to balance professional responsibilities with personal time, preventing burnout.

C: Cultivate hobbies and interests—Engage in activities outside of work that bring joy and relaxation, fostering a well-rounded lifestyle.

T: Take time for physical health—Incorporate regular exercise and maintain a balanced diet to support overall well-being.

By embracing these principles, we not only enhance our own well-being but also set a positive example for our students, promoting a culture of health and balance within our community.

Wishing you all a month filled with reflection, rejuvenation, and personal growth.

February 2025 Horizon

1. Principal's Message
2. Editorial
3. Student Achievements
4. Faculty Achievements
5. Semester IV Orientation
6. Semester I Examinations
7. PCER in Goa
8. Promoting SDG Awareness in Schools
9. Marathi Diwas
10. KHAS Series
 - K - Research Methodology Course
 - H - World Cancer Day
 - A - International Day of Women and Girls in Science
 - S - International Mother Language Day
11. Alumni Corner
12. Students' Corner

TEACHER EDITORS

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Ms. Revathi Ramakrishnan
Ms. Kaushalya Kumaresan



Editorial



Ms. Surekha Chidambaranath
Assistant Professor

February is always associated with Valentine's Day, a day of love that couples say is made for them. But is that it? Is love just the romantic connection between lovers? No. Love is more than that. Love is the deep sense of affection one holds for family, friends, community, country, society, and, most importantly, oneself.

Self-love is the foundation of confidence and emotional well-being, yet we often neglect it in the pursuit of external validation. In the rush of academics, careers, and social expectations, we forget to prioritize our own mental and emotional health.

Families provide us with unconditional love and support, shaping us into who we are. Through their sacrifices, guidance, and constant presence, they remind us that love is not always about grand gestures but about being there in moments of need.

Friendships, too, are a powerful form of love. They offer emotional support, joy, and personal growth, standing by us in both our successes and struggles.

Love also manifests in the passion we pour into our interests—whether it's the dedication of an artist creating a masterpiece, a teacher shaping young minds, an athlete striving for excellence, or an activist fighting for a cause.

Narayanan Krishnan was a rising star in India's culinary world, with a prestigious job offer from a five-star hotel in Switzerland. But before leaving, he witnessed something that changed his life—a homeless, elderly man in Madurai, India, eating his own waste due to extreme hunger. Deeply moved, Krishnan abandoned his high-paying career and dedicated his life to feeding the destitute. In 2002, he founded the Akshaya Trust, a nonprofit that has since provided thousands of meals to the homeless and mentally ill in India. He not only feeds them but also offers them dignity—shaving, bathing, and caring for those abandoned by society.

This is love in its purest form, not romantic but selfless and transformative. It's a love for humanity, a love for serving those in need, and a love that changes lives.

Love is not confined to romance; it exists in countless forms, in the warmth of family bonds, the loyalty of friendships, the passion for one's dreams, and the kindness shared within a community.

As February comes and goes, let's remember that love isn't just a one-day celebration. It's a way of living. Whether through a kind word, a helping hand, or simply valuing those around us, love has the power to transform lives every day.

"Do everything with so much love in your heart that you would never want to do it any other way." – Yogi Bessie

This February and beyond, let's choose to spread love in all its forms, through kindness, gratitude, and compassion—because the world needs it now more than ever.

STUDENT ACHIEVEMENTS

- Shabnam Qureshi was awarded the 3rd prize in Mehandi at the Elysium inter collegiate event conducted by B.L. Amalani College.



- Students of F.Y.B.B.A. participated in the Intercollegiate Intellectual Group Discussion Competition organised by VPM's R Z SHAH COLLEGE OF ARTS, SCIENCE & COMMERCE on the topic "The Future of Education with AI: Innovation, Ethics and Impact" sponsored by Marathon

- On 28th February, 2025, National Science Day, S.Y.B.Ed students participated in the contest on National Curriculum Framework 2023 Approach to Assessment: Reimagining Next Generation Assessment Practices and Innovation in Teaching and Learning in Science and Mathematics Education" organised by Homi Bhabha Centre for Science Education in association with Tata Institute of Fundamental Research. This event gave students an opportunity to learn new ways of assessing students and better understand modern teaching methods.



FACULTY ACHIEVEMENTS

- Dr. Reni Francis was invited as a resource person for the 21st NEP Orientation and Sensitization Programme on the topic "Academic Leadership." The programme was organized by UGC MMTTC, Sri Ram College of Commerce, University of Delhi.
- Dr. Vithoba Sawant participated and presented a paper on 15th February, 2025 in One Day National Conference on IKS : Indian Knowledge System: Challenges and Opportunities, H.B.B.Ed. College of Education and Research, Vashi.

SEMESTER IV ORIENTATION

Semester IV orientation was held on Saturday, 1st of February, 2025 soon after the semester three final examinations. Students were given a broad orientation to all the theory and practical aspects of the semester. Respective teachers gave a paper wise orientation. A detailed practice teaching, community service and action research orientations were given by the teachers in charge.



SEMESTER I EXAMINATIONS

Pillai College of Education and Research Chembur conducted the semester end examination for First Year B. Ed students. The semester 1 exams under the autonomous status were held on 25th, 27th & 28th February 2025. The students were oriented regarding the examinations and were provided with necessary guidelines.

PCER IN GOA



The students and faculty of Pillai College of Education & Research, Chembur embarked on an exciting Goa tour from 10th to 13th February 2025. After arriving at Thivim Station, the group checked into Villa Cecilia, Candolim and spent a relaxing evening at Calangute Beach. Over the next two days, they explored South Goa, Old Goa Church, Mangeshi Temple, Miramar Beach and Dona Paula, ending with a scenic sunset boat cruise. The North Goa tour included Fort Aguada, a Dolphin trip, Baga Beach and street shopping. The tour concluded with unforgettable memories and a deeper appreciation for Goa's heritage, culture and scenic beauty.



PROMOTING SDG AWARENESS IN SCHOOLS

During their semester IV internship, B.Ed. student-teachers conducted engaging activities on SDG 10: Reduced Inequalities, SDG 8: Decent Work and Economic Growth and SDG 6: Clean Water and Sanitation in their practice teaching schools. Through interactive discussions, role plays, debates and creative tasks, they helped students understand key global challenges and the importance of equality, economic growth and sustainable water usage. Activities like a finger stamp poster, career aspiration board and a water conservation pledge reinforced these concepts in an engaging manner. The initiative successfully sparked awareness and encouraged students to take small yet meaningful actions toward a better future.



MARATHI DIWAS

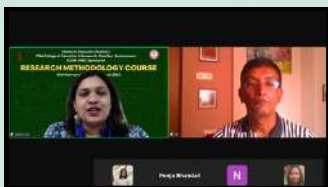
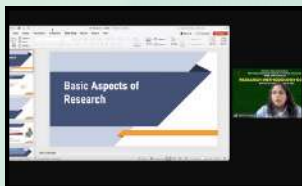
On the occasion of Marathi Bhasha Diwas (27th February), PCER, Chembur organized online poetry, slogan, and essay writing competitions to celebrate the richness and significance of the Marathi language. Students participated enthusiastically, expressing their thoughts, emotions, and creativity through their writings, making the event a meaningful tribute to the language and its cultural heritage.



KHAS SERIES

K - RESEARCH METHODOLOGY COURSE

PCER Chembur organised a 10 days online Research Methodology Course from 20th February 2025 to 4th March 2025 sponsored by ICSSR-WRC. The RMC included 14 sessions on different research related topics. Eminent & experienced professors and associate professors from different institutions of Maharashtra and other states were invited to be the resource persons for the course. The participants were a blend of teachers and students of B.Ed., M.Ed., & Research Scholars. After the completion of the course, the participants were expected to submit a research proposal on any topic of their interest as a part of the assignment, after which they will be given an E-Certificate for attending the Research Methodology Course.



H - WORLD CANCER DAY

On World Cancer Day 2025, an online quiz was conducted for B.Ed students to enhance their awareness regarding cancer prevention and early detection. This activity was aligned with the United by Unique theme by recognizing that everyone has a special role in spreading cancer awareness and education.



A - INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE

On February 11, 2025, to celebrate the International Day of Women and Girls in Science, B.Ed students took part in padlet activity to explore new ways of teaching math and science. Using this platform Padlet, students collaborated to create and share interactive educational resources, helping them better understand innovative teaching methods. This activity helped them improve their teaching skills and highlighted the important role of women in science, technology, engineering, and math (STEM) education.



S - INTERNATIONAL MOTHER LANGUAGE DAY

On the occasion of International Mother Language Day (21st February), PCER, Chembur organized online poetry, slogan, and essay writing competitions, where students actively participated and showcased their creativity.



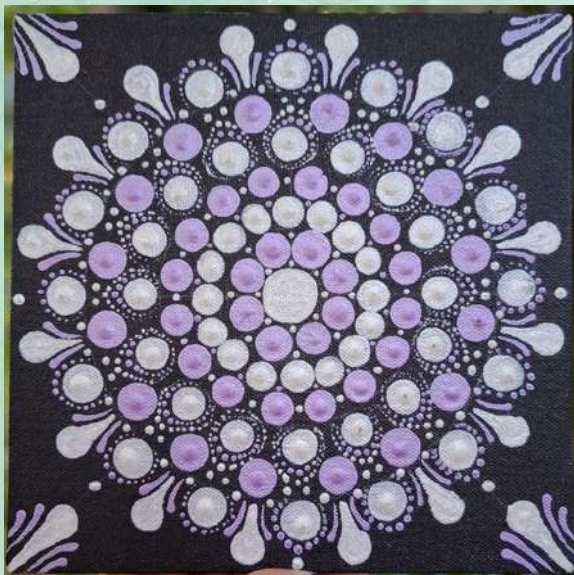
ALUMNI CORNER



Ms. Riddhi Maru
Batch 2021-2023

Mandala Artist, Founder of Kalaridhhi

“The Art of Mindfulness – Every dot in this Mandala art leads to tranquility and creativity.”



STUDENTS' CORNER



Ms. Kaushalya Kumaresan

Roll No: 23

Batch : 2024-2026

“FROM DREAMS TO REALITY”

How can you ask me to turn away?
To silence my dreams, to end my stay?
Am I not worthy of a chance,
Or must I quit without a glance?

Why am I bound to tasks so tight,
Hiding behind this heavy plight?
If I could wish for something new,
I'd wish to walk a path like you.

To roam the streets when stars take flight,
Fearless, bold, and free at night.
To speak, to stride among the crowd,
Without a fear, without a shroud.

But dreams alone won't set me free,
It's time to act, it's time to be.
With steady heart and aim so true,
She breaks the chains and rises through.

Like a bullet, fierce and fast,
Wings unbound, she soars at last.
The world stands still, in silent awe,
As she rewrites every law.

From dreams to life, she finds her way,
No longer night, it's now her day.

